



kultiv8

k u l t i v a t e

THE KULTIV8 CLUB

Grow what matters - alongside the life you already have

A practical philosophy for turning a meaningful intention into protected practice, visible evidence and sustainable growth.

You do not have to leave your present life to begin another part of it. Kultiv8 helps you choose one seed, give it a dependable place in your day and stay close enough to the process to learn what it needs.

Begin where you are. Cultivate what calls you

Kultiv8 is the club and programme identity. Kultivate is the practice: choose something meaningful, protect it from being crowded out, return to it consistently and respond to what the evidence teaches you.

TODAY

Responsibilities, work, relationships and the life already in motion.

THE PRACTICE

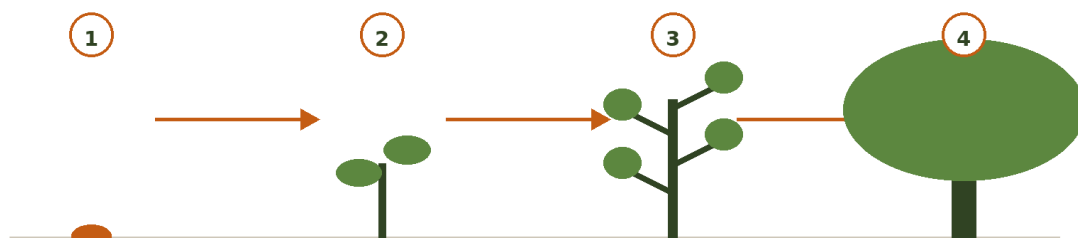
A protected 15 minutes, repeated and reviewed with intention.

TOMORROW

Expression, capability, confidence, contribution or responsible enterprise.

THE KULTIVATE METHOD

Four small moves. One living practice.



1 SOW

Name one seed and begin with a first 15-minute commitment.

2 NURTURE

Protect time, place and conditions that make return easier.

3 CONTINUE

Choose continuity over intensity; resume without drama.

4 SHAPE

Notice evidence, learn, and adjust the next meaningful step.



Choose the support that fits your season

Begin privately, build momentum with continued support, or make Kultiv8 an ongoing practice.

SOLO <i>A clear beginning</i> • 5 weekly private sessions • Personalised practice design • 20% publication discount • Advance-payment refund guarantee* SGD 600 Standard total SGD 1,000	MOTION <i>Supported momentum</i> • Everything in Solo • 60 days continued support • Planner + 24-hour email response • 8 customised affirmations • 30% publication discount SGD 1,050 Package value SGD 2,100	PACE <i>Long-term continuity</i> • Everything in Solo + Motion • Lifetime Kultiv8 Group membership • Weekly group coaching + webinars • Lifetime tools and support • 40% publication discount SGD 1,960 Full value SGD 4,900
--	---	--

HOW A KULTIV8 JOURNEY MOVES

01 CLARIFY Name the seed and understand the life around it.	02 PRACTISE Design a small repeatable action and protect the return.	03 RESPOND Read the evidence, learn and choose the next move.
--	---	--

WHERE THE PHILOSOPHY CAN BE APPLIED

INNER LIFE	CREATIVITY	CAPABILITY	ENTERPRISE	TEAMS
		BEGIN WITH ONE SEED An initial conversation can help clarify what you want to cultivate, what currently crowds it out and which level of support is the right fit. kspatnaik.com connect@kspatnaik.com		



*Subject to applicable enrolment terms. Programme fees are in Singapore dollars and opening offers are subject to confirmation. Kultiv8 is a personal-development and mentoring initiative. Individual outcomes vary; no income or financial result is guaranteed.